The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.
This is only a summary. *For more information about your coverage, or to get a copy of the complete terms of coverage, contact your employer. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary.*

Important Questions	Answers	Why This Matters:
What is the overall deductible?	*$5,000 Individual I $10,000 Family for In-Network* *$10,000 Individual I $20,000 Family for Out-of-Network* *Deductible is embedded.*	*Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.*
Are there services covered before you meet your deductible?	*Yes. In-Network preventive care and services covered at "No charge".*	*This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.*
Are there other deductibles for specific services?	*No.*	*You don't have to meet deductibles for specific services.*
What is the out-of-pocket limit for this plan?	*$8,700 Individual / $17,400 Family for In-Network* *$17,400 Individual / $34,800 Family for Out-of-Network* *Out-Of-Pocket Limit is embedded.*	*The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.*
What is not included in the out-of-pocket limit?	*Premiums, balance-billing charges, Pre-Certification penalties, and health care this plan doesn't cover.*	*Even though you pay these expenses, they don't count toward the out–of–pocket limit.*
Will you pay less if you use a network provider?	*Yes. See Cigna PPO Network for a list of network providers.*	*This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.*
Do you need a referral to see a specialist?	*No.*	*You can see the specialist you choose without a referral.*

Benefits and cost sharing accumulate on a Calendar Year basis.

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies, unless otherwise stated.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	*Primary care visit to treat an injury or illness*	*$40 copay, deductible does not apply*	*50% coinsurance after deductible*	*None*
	Specialist visit	*$80 copay, deductible does not apply*	*50% coinsurance after deductible*	*None*
	Preventive care/screening/ immunization	*No charge*	*Not Covered*	*You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.*
If you have a test	*Diagnostic test (x-ray, blood work)*	*30% coinsurance after deductible*	*50% coinsurance after deductible*	*Labs performed during network office visit are included in office visit copay.*
	Imaging (CT/PET scans, MRIs)	*30% coinsurance after deductible*	*50% coinsurance after deductible*	*Pre-Certification is required on imaging. $500 penalty applies if not obtained.*
If you need drugs to treat your illness or condition *More information about prescription drug coverage is available at www.phoenixpbm.com*	*Generic drugs*	*Retail/Mail Order: $0 copay/ prescription, deductible does not apply*	*Not covered*	*Prior authorization may be required on certain prescription drugs.* *Benefits may vary if more than a 30-day supply is needed.*
	Preferred brand drugs	*Retail: $35 copay/ prescription, deductible does not apply* *Mail Order: $105 copay / prescription, deductible does not apply*	*Not covered*	
	Non-preferred brand drugs	*Retail: $75 copay / prescription, deductible does not apply* *Mail Order: $225 copay / prescription, deductible does not apply*	*Not covered*	
	Specialty drugs	*$200 copay /prescription, deductible does not apply*	*Not covered*	*Specialty drugs with a gross cost of $2,500 per month are covered by when coordinated with the PBM's Patient*

** For more information about limitations and exceptions, see the plan document.*

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
				Advocacy Program. The Plan may permit for at least one (1) 30-day fill for each of these drugs during the Benefit Year.
If you have outpatient surgery	*Facility fee (e.g., ambulatory surgery center)*	*30% coinsurance after deductible*	*50% coinsurance after deductible*	*Pre-Certification required on surgical procedures. $500 penalty applies if not obtained.*
	Physician/surgeon fees	*30% coinsurance after deductible*	*50% coinsurance after deductible*	*None*
If you need immediate medical attention	*Emergency room care*	*30% coinsurance after deductible*	*Same as In-Network*	*None*
	Emergency medical transportation	*No Charge*	*No Charge*	*None*
	Urgent care	*$60 copay, deductible does not apply*	*Same as In Network*	*None*
If you have a hospital stay	*Facility fee (e.g., hospital room)*	*30% coinsurance after deductible*	*50% coinsurance after deductible*	*Pre-Certification required. $500 penalty applies if not obtained.*
	Physician/surgeon fees	*30% coinsurance after deductible*	*50% coinsurance after deductible*	*None*
If you need mental health, behavioral health, or substance abuse services	*Outpatient services*	*Office: $40 copay, deductible does not apply Outpatient: 30% coinsurance after deductible*	*50% coinsurance after deductible*	*None.*
	Inpatient services	*30% coinsurance after deductible*	*50% coinsurance after deductible*	*Pre-Certification is required on inpatient services. $500 penalty applies if not obtained.*
If you are pregnant	*Office visits*	*No Charge*	*No Charge*	*None*
	Childbirth/delivery professional services	*30% coinsurance after deductible*	*50% coinsurance after deductible*	*None*
	Childbirth/delivery facility services	*30% coinsurance after deductible*	*50% coinsurance after deductible*	*Post-Certification required if stay exceeds 48 hours for vaginal delivery or 96 hours for cesarean section. $500 penalty applies if not obtained.*
	Home health care	*30% coinsurance after deductible*	*50% coinsurance after deductible*	*Pre-Certification required. $500 penalty applies if not obtained.*

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need help recovering or have other special health needs				*60 visits/Calendar Year.*
	Rehabilitation services	*30% coinsurance after deductible*	*50% coinsurance after deductible*	*Physical, speech, occupational cardiac rehabilitation limited to 35 visits per Calendar Year, combined.*
	Habilitation services	*30% coinsurance after deductible*	*50% coinsurance after deductible*	
	Skilled nursing care	*30% coinsurance after deductible*	*50% coinsurance after deductible*	*Pre-Certification required. $500 penalty applies if not obtained. 25 days/ Calendar Year.*
	Durable medical equipment	*30% coinsurance after deductible*	*50% coinsurance after deductible*	*Pre-Certification applies to DME, Orthotics, and Prosthetics. $500 penalty applies if not obtained.*
	Hospice services	*30% coinsurance after deductible*	*50% coinsurance after deductible*	*Pre-Certification required for inpatient. $500 penalty applies if not obtained. 15 visits/days per lifetime.*
If your child needs dental or eye care	*Children's eye exam*	*No Charge*	*Not Covered*	*Coverage limited to one exam per Calendar Year*
	Children's glasses	*Not Covered*	*Not Covered*	*None*
	Children's dental check-up	*Not Covered*	*Not Covered*	*None*

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- *Acupuncture*
- *Bariatric surgery*
- *Cosmetic surgery*
- *Dental care (Adult)*
- *Hearing aids*
- *Infertility treatment*
- *Long-term care*
- *Non-emergency care when traveling outside the U.S.*
- *Private duty nursing*
- *Routine foot care*
- *Weight loss programs*
- *Routine eye care (Adult)*

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- *Chiropractic care (25 visits per Plan Year)*

** For more information about limitations and exceptions, see the plan document.*

Your Rights to Continue Coverage: *There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.*

Your Grievance and Appeals Rights: *There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact your employer or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.*

Does this plan provide Minimum Essential Coverage? **Yes**
Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? **Yes**
If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:
Spanish (Español): Para obtener asistencia en Español, llame al 1-855-699-5433.
Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-699-5433.
Chinese (中文): 如果需要中文的帮助， **请拨打这个号码** *1-855-699-5433.*
Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-699-5433.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

** For more information about limitations and exceptions, see the plan document.*

About these Coverage Examples:

This is not a cost estimator. *Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.*

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- **The plan's overall deductible** **$5,000**
- **Specialist copay** **$80**
- **Hospital (facility) coinsurance** **30%**
- **Other coinsurance** **30%**

This EXAMPLE event includes services like:
Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services:
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	**$12,700**

In this example, Peg would pay:

Cost Sharing	
Deductibles	*$5,000*
Copayments	*$80*
Coinsurance	*$1,230*
What isn't covered	
Limits or exclusions	*$60*
The total Peg would pay is	**$6,370**

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- **The plan's overall deductible** **$5,000**
- **Specialist copay** **$80**
- **Hospital (facility) coinsurance** **30%**
- **Other coinsurance** **30%**

This EXAMPLE event includes services like:
Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

Total Example Cost	**$5,600**

In this example, Joe would pay:

Cost Sharing	
Deductibles	*$910*
Copayments	*$400*
Coinsurance	*$783*
What isn't covered	
Limits or exclusions	*$20*
The total Joe would pay is	**$2,113**

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

- **The plan's overall deductible** **$5,000**
- **Specialist copay** **$80**
- **Hospital (facility) coinsurance** **30%**
- **Other coinsurance** **30%**

This EXAMPLE event includes services like:
Emergency Department: Facility (including medical supplies)
Diagnostic Services (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	**$2,800**

In this example, Mia would pay:

Cost Sharing	
Deductibles	*$2,450*
Copayments	*$80*
Coinsurance	*$0*
What isn't covered	
Limits or exclusions	*$0*
The total Mia would pay is	**$2,530**

The plan would be responsible for the other costs of these EXAMPLE covered services.